



# Sustainable Living Guide

- Start a worm farm, this will reduce your waste to landfill by 25%!
- Remember to turn off the light switch when you leave a room or better yet unleash your romantic side and light a candle.
- Keep showers to a minimum! Limit showers to 5 minutes you will save both money and time.
- Eliminate waste in your lunchbox, use reusable containers instead of cling film or plastic bags.
- Bring along your own shopping bags so there is no need to use a plastic shopping bag.
- Start your own vege garden the kids will love seeing their own food growing.
- Buy products that are sustainable where ever possible.
- Take your own coffee cup with you to a café not only will you reduce waste you might even get a discount!
- Just remember it might feel like a small step but every step counts!



**RECYCLE**